



BASKETBALL 2022

CONTACT INFORMATION

Coach Keith Starks

Bearcats422002@gmail.com

513-262-9589

BASKETBALL SUMMER SCHEDULE 2022

Open Gym & Summer Practice

Throughout the summer there are several opportunities to come play and practice with the team. Once school starts sign-ups will be during a homeroom in late August. During the sign-up meeting the girls will be given the pre-season calendar and more detailed information about try-outs and games.

CAMP

Camp for incoming students will be held from June 20-23 from 10-Noon. This is a great opportunity to meet current players and get some coaching from the current staff. **You must register online for this.**

TRYOUTS

Try-outs are mandatory and will begin on October 21, 2022. Once teams are selected vacations will not be permitted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			JUNE 1	2	3	4
5	6	7	8	9	10	11
12	13 OPEN GYM 1:00-3:00	14	15 OPEN GYM 1:00-3:00	16	17 OPEN GYM 1:00-3:00	18
19	20 OPEN GYM 1:00-3:00	21	22 OPEN GYM 1:00-3:00	23	24 OPEN GYM 1:00-3:00	25
BB CAMP 9 th GRADERS 10:00-12:00 pm –						
26	27 OPEN GYM 1:00-3:00	28	29 OPEN GYM 1:00-3:00	30	JULY 1	2
3	4	5	6 OPEN GYM 1:00-3:00	7	8 OPEN GYM 1:00-3:00	9
10	11 OPEN GYM 1:00-3:00	12	13 OPEN GYM 1:00-3:00	14	15 OPEN GYM 1:00-3:00	16
17	18 OPEN GYM 1:00-3:00	19	20 OPEN GYM 1:00-3:00	21	22 OPEN GYM 1:00-3:00	23
24	25	26	27	28	29	30



CROSS COUNTRY 2022

CONTACT INFORMATION

Coach Chris Cavanaugh
cavanaugh.cr@pg.com
 513-885-1007

CROSS COUNTRY (XC) SUMMER SCHEDULE 2022

SUMMER TRAINING

All training locations are subject to change. The team will train at Ursuline as well as many other nearby parks. Any changes will be communicated throughout the summer.

TRYOUTS

We believe it is important that everyone earn their uniforms. We will hold time trials for everyone on August 2-3 from 6:30-8:00 am. Vacations will not be allowed after teams are selected. Practices will take place daily following team selections.

FORMS

All forms (via Final Forms) and OHSAA physical must be completed and turned in by July 15, 2022.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			JUNE 1	2	3	4
5	6 FRESHMEN ONLY 6:30-8 am @ UA	7	8 FRESHMEN ONLY 6:30-8 am @ UA	9	10 FR & SR ONLY 6:30-8 am @ UA	11
12	13 6:30-8:00 am @ UA	14	15 6:30-8:00 am @ SUMMIT PARK	16	17 6:30-8:00 am @ PIONEER PARK	18
19	20 6:30-8:00 am @ SHARON WOODS	21	22 6:30-8:00 am @ WELLER PARK	23	24 6:30-8:00 am @ SUMMIT PARK	25
26	27 6:30-8:00 am @ LOVELAND BIKE TRAIL	28	29 6:30-8:00 am @ PIONEER PARK	30	JULY 1 6:30-8:00 am @ SHARON WOOD	2
3	4	5 6-7:30 PM @ LOVEALND BIKE	6 6:30-8:00 am @ CAMP LIVINGSTON	7 6-7:30 PM @ SUMMIT PARK	8 6:30-8:00 am @ PIONEER PARK	9
10	11 6:30-8:00 am @ SHARON WOODS	12 6-7:30 PM @ SUMMIT PARK	13 6:30-8:00 am @ WELLER PARK	14 6-7:30 PM @ LOVEALND BIKE	15 6:30-8:00 am @ CAMP LIVINGSTON	16
17	18 6:30-8:00 am @ WELLER PARK	19 6-7:30 PM @ SHARON WOOD	20 6:30-8:00 am @ CAMP LIVINGSTON	21 6-7:30 PM @ LOVEALND BIKE	22 6:30-8:00 am @ PIONEER PARK	23
24	25 6:30-8:00 am @ SUMMIT PARK	26 6-7:30 PM @ SUMMIT PARK	27 6:30-8:00 am @ COTTRELL PARK	28 6-7:30 PM @ LOVEALND BIKE	29 6:30-8:00 am @ PIONEER PARK	30



FIELD HOCKEY 2022

CONTACT INFORMATION

Coach Shannon Regan
regansd2@gmail.com
 636-346-2392

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			JUNE 1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	FH CAMP 9 th GRADERS 8:00-10:00 AM					
26	27	28	29	30	JULY 1	2
3	4	5	6 TRAINING 7:00-9:30AM	7 TRAINING 7:00-9:30AM	8	9
10	11 TRAINING 7:00-9:30AM	12	13 TRAINING 7:00-9:30AM	14	15 TRAINING 7:00-9:30AM	16
17	18	19 TRAINING 7:00-9:30AM	20	21 TRAINING 7:00-9:30AM	22	23
24	25 TRAINING 7:00-9:30AM	26	27 TRAINING 7:00-9:30AM	28	29 TRAINING 7:00-9:30AM	30

FIELD HOCKEY SUMMER SCHEDULE 2022

LOCATION: BLUE ASH SPORTS COMPLEX
 Grooms Road

INCOMING CAMP

This camp is an opportunity to work with the coaches and have some fun with future teammates. Sticks available to borrow for camp. **Registration is required and can be done online.**

SUMMER TRAINING:

All training will take place at the Blue Ash Sports Complex. This is a great opportunity to learn this sport and meet the coaches and current players. This includes running, and stick/ball work.

TRYOUTS

Tryouts are mandatory and will be held on August 1-3 from 8:00-10:00am. Vacations will not be allowed after teams are selected. Practices will take place daily following team selections.

FORMS

All forms (via Final Forms) and OHSAA physical must be completed and turned in by July 15, 2022.



GOLF 2022

CONTACT INFORMATION

Head Coach Marianne Sahms
sahmsm@fuse.net
 513-258-1059 or 683-5657

Asst. Coach Maggie Sahms
maggiesahms1206@gmail.com
 513-254-5445

GOLF SUMMER SCHEDULE 2022

**LOCATION: O'BANNON GOLF CLUB
LOVELAND, OHIO**

Summer is a great chance to meet current players, improve your game and prepare for the season with Head Coach Marianne Sahms, Class A Member of the PGA. Dates and times subject to change relative to weather and course availability. Please check your emails.

CONTACT COACHES

To stay informed on training updates and weather changes be sure to contact the coaches.

TRYOUTS

Try-outs are mandatory and will take place on August 1-3. Vacations will not be allowed after teams are selected. Practices will take place daily following team selections.

FORMS

All forms (via Final Forms) and OHSAA physical must be completed and turned in by July 15, 2022.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			JUNE 1 9:00-11:00 @ O'BANNON	2	3 9:00-11:00 @ O'BANNON	4
5	6	7	8	9	10	11
12	13	14	15 9:00-11:00 @ O'BANNON	16	17 9:00-11:00 @ O'BANNON	18
19	20	21	22	23	24	25
26	27 9:00-11:00 @ O'BANNON	28	29 9:00-11:00 @ O'BANNON	30	JULY 1	2
3	4	5	6 9:00-11:00 @ O'BANNON	7	8	9
10	11	12	13	14	15 9:00-11:00 @ O'BANNON	16
17	18 9:00-11:00 @ O'BANNON	19	20 9:00-11:00 @ O'BANNON	21	22	23
24	25	26	27 9:00-11:00 @ O'BANNON	28	29	30



SOCCKER 2022

CONTACT INFORMATION

Coach Keith Schaeper
kschaeper@ursulineacademy.org
 513-967-1068

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			JUNE 1	2	3	4
5	6	7	8	9	10	11
	SOC CAMP 9 th GRADERS 9:00-11:30 AM					
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	JULY 1	2
3	4	5	6 8:30-10:00 @ GROOMS	7 8:30-10:00 @ GROOMS	8	9
10	11 8:30-10:00 @ GROOMS	12 8:30-10:00 @ GROOMS	13 8:30-10:00 @ GROOMS	14 8:30-10:00 @ GROOMS	15	16
17	18 8:30-10:00 @ GROOMS	19 8:30-10:00 @ GROOMS	20 8:30-10:00 @ GROOMS	21 8:30-10:00 @ GROOMS	22	23
24	25 8:30-10:00 @ GROOMS	26 8:30-10:00 @ GROOMS	27 SCRIMMAGE @ BEAVERCREEK 5:30/7:30 PM	28 8:30-10:00 @ GROOMS	29	30

SOCCKER SUMMER SCHEDULE 2022

LOCATION: BLUE ASH SPORTS COMPLEX
 Grooms Road

INCOMING CAMP

This camp is an opportunity to work with the coaches and have some fun with future teammates. **Registration is required and can be done online.**

SUMMER TRAINING:

Training will start on July 6th from 8:30-10:00 am. All training will take place at the Blue Ash Sports Complex on Grooms Road. This is a great opportunity to meet the coaches and current players.

TRYOUTS

Tryouts are mandatory and will take place on August 1 & 2 from 3:30-5:30. Vacations are not permitted after teams are selected & practices will take place daily following tryouts.

FORMS

All forms (via Final Forms) and OHSA physical must be completed and turned in by July 15, 2022.



TENNIS 2022

CONTACT INFORMATION

Coach Kelly Hugenberg

TENNIS SUMMER SCHEDULE 2022

URSULINE COURTS

INCOMING CAMP

This camp is an opportunity to work with the coaches and have some fun with future teammates. **Registration is required and can be done online.**

SUMMER TRAINING:

All training will take place at the Ursuline Tennis Courts. This is a great opportunity to and meet the coaches and current players.

TRYOUTS

Try-outs are mandatory and will take place on August 1-3. Vacations will not be allowed after teams are selected. Practices will take place daily following team selections.

FORMS

All forms (via Final Forms) and OHSAA physical must be completed and turned in by July 15, 2022.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		OPEN COURT TUESDAYS IN MAY 3:30-5:00	JUNE 1	2	3	4
5	6	7 OPEN COURT 6:30-8:30PM	8	9	10	11
12	13	14 OPEN COURT 6:30-8:30PM	15	16	17	18
19	TENNIS CAMP 9-11:30 – JUNE 13-16			23	24	25
26	27	28 OPEN COURT 6:30-8:30PM	29	30 OPEN COURT 6:30-8:30PM	JULY 1	2
3	4	5	6	7	8	9
10	11	12 OPEN COURT 6:00-8:00PM	13	14 OPEN COURT 6:00-8:00PM	15	16
17	18 TRAINING 8:00-10:00AM	19	20 TRAINING 8:00-10:00AM	21	22	23
24	25 TRAINING 10:30-12:30	26 TRAINING 10:30-12:30	27 TRAINING 10:30-12:30	28 TRAINING 10:30-12:30	29 TRAINING 10:30-12:30	30



VOLLEYBALL 2022

CONTACT INFORMATION

Coach Ali Butcher

ali.butcher09@gmail.com

812-322-1909

VOLLEYBALL SUMMER SCHEDULE 2022

OPEN GYMS

Open gyms are open to anyone interested in playing volleyball. This is an opportunity for just playing volleyball under the coaches' supervision.

CONDITIONING & COACHING DAYS

The coaches will run conditioning and coaching days throughout the summer. We encourage all to attend if interested in playing on a volleyball team. Be sure to sign up online to get updated information from the coach.

TRYOUTS

The Volleyball tryouts will be held at Ursuline from Aug. 1-3. Anyone interested in playing must be at the tryout sessions. Once teams are selected, vacation will not be permitted. The season begins the day after try-outs.

FORMS

All forms (via Final Forms) and OHSAA physical must be completed and turned in by July 15, 2022.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MONDAYS IN MAY 2 ND , 9 TH , 16 TH & 23 RD OPEN GYM 6:30-8:30PM					
			JUNE 1 CONDITIONING 6:30-7:30	2	3	4
5	6 OPEN GYM 6:30-8:30	7	8 CONDITIONING 6:30-7:30	9	10	11
12	13 COACHING DAY 6:30-8:30	14	15 CONDITIONING 6:30-7:30	16	17	18
19	20 COACHING DAY 6:30-8:30	21	22 CONDITIONING 6:30-7:30	23	24	25
26	27 OPEN GYM 6:30-8:30	28	29	30	JULY 1	2
3	4	5	6	7	8	9
10	11 OPEN GYM 6:30-8:30	12	13 OPEN GYM 6:30-8:30	14	15	16
17	18 COACHING DAY 6:30-8:30	19 COACHING DAY 6:30-8:30	20 COACHING DAY 6:30-8:30	21 COACHING DAY 6:30-8:30	22	23
	VB CAMP 9 th GRADERS 4:00-6:30 PM					
24	25 COACHING DAY 6:30-8:30	26 COACHING DAY 6:30-8:30	27 COACHING DAY 6:30-8:30	28 COACHING DAY 6:30-8:30	29	30