Ursuline Academy October 2014

Menu subject to change without notice

FAST TAKES

EVERYDAY FRESH CHOICES

Deli Subs
Deli Sandwiches
Wraps
Chicken Caesar Salad
Caesar Salad
Specialty Salad
Tossed Salad
Hummus
Fresh Fruit
Fresh Veggies
Yogurt
Bagels
String Cheese

Fresh Specialty Salads

Sept 29- Oct 3
Chicken BLT and Chef Salad
Oct 6- 10
Mandarin Chicken and Buffalo Chicken
Oct 13 - 17
Chef Salad and Grilled Chicken
Oct 20 - 24
Chicken BLT and Buffalo Chicken
Oct 27 - 31
Mandarin Chicken and Chef Salad

GRILL

EVERYDAY CHOICES

Hamburgers
Cheeseburger
Breaded Chicken Patty
Grilled Chicken Patty
French Fries
Cheese Pizza

Monday **– Grilled Cheese**
Tuesday **– Hot dogs and Corn Dogs**
Wednesday **– Bosco Sticks**
Thursday **– Popcorn Chicken**
Friday **– Veggie Burger**

SNACKS

EVERYDAY CHOICES

We offer a variety of snacks with many healthy options!

Warm Pretzels, Baked Chips, Granola Bars, Fruit Snacks, 100 Calorie Snacks, Ice Cream, Sherbet, Poptarts, Warm Cookies, Nachos with Salsa, Nacho's with Cheese

FAVORITES

	Chicken Snack Wrap	1 Turkey Club Mac N' Cheese Steamed Veggie	2 Popcorn Chicken Mashed Potato Steamed Veggie	3 Lion burger Tater Tots Steamed Veggie
6 Baked Potato Bar Steamed Veggie	7 Walking Taco Steamed Veggie	8 Johnny Marzetti Garlic Bread Steamed Veggie	9 Chicken Snack Wrap Steamed Veggie	10 Pizza Quesadilla Cheese Quesadilla Steamed Veggie
13 Baked Ziti Garlic Bread Steamed Veggie	14 Pulled Pork Onion Rings Steamed Veggie	15 Sandwiches with Attitude Steamed Veggie	16 Cincy Style Coney Chili Cheese Fries Steamed Veggie	17 Egg Rolls Vegetable Fried Rice Steamed Veggie
20 Pasta Bar Garlic Bread Steamed Veggies	21 Pizza Bagel Steamed Veggie	22 Chicken Tenders Mashed Potato Steamed Veggie	23 Fettuccini Alfredo With Grilled Chicken Steamed Veggie	24 **NO SCHOOL**
27 Calzones Steamed Veggie	28 Chicken Pesto on Ciabatta Steamed Veggie	29 Ham and Cheese Croissant Steamed Veggie	30 Walking Taco Steamed Veggie	31 *Happy Halloween* Spaghetti & Meatballs Garlic Bread Steamed Veggie