

# Ursuline Academy 2<sup>nd</sup> Annual Run for the Lions 5k Run and Walk

**November 15, 2009, 8:30 am**

**Mass with Father Jack will be offered at 7:30 am**



**Race Features:**

- Awards to first three runners in each category
- Awards to first three overall male & female
- Awards to the fastest UA student & UA alumna
- All pre-paid registrations will get goodie bag and t-shirt
- Complimentary breakfast after the race, \$5 for non-participants

**Race Categories for 5K Male & Female:**

14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69,  
70 /over **Fitness walkers:** 14-under, 15-19, 20-29,  
30-39, 40-49, 50-59, 60-69, 70/over

**Entry Fees:**

- \$15 Student Pre-registration
- \$20 Student Race day entry
- \$25 Pre-registration
- \$30 Race day entry
- \*all pre-registrations received by 11/9/09 include goodie bag & t-shirt

**Pre-registration deadline: 11/07/09**

**Online deadline: 11/12/09 5pm**

**Pick Up: Friday 11/13/09 11am-4pm &**

**Saturday 11/14/09 9am-11am**

**Race Day Registration Begins at 7 am**

**Location:** Ursuline Academy, Blue Ash, OH

**Course:** The course starts out at Ursuline Academy 5535 Pfeiffer Road. Once leaving the parking lot proceed west on Pfeiffer Road and go through a business parking lot at the corner of Reed Hartman and Pfeiffer. Travel south on Alliance Road, take a left at Malsbary Road and turn around at Redhill Drive. This is the half way point to turn around and go back. This is a flat course.

**Directions:** Take I-71 to the Pfeiffer Road exit (exit 15). Turn west onto Pfeiffer Road and left at the second traffic light. Turn left into Ursuline Academy.

**Parking:** Ursuline Academy parking lot

**For Further Information visit**

[www.ursulineacademy.org](http://www.ursulineacademy.org)

**OR contact**

**Ursuline Development Department**

**513-791-5794**

**Official Entry Form**

Sex \_\_\_ Age \_\_\_ (as of 11/15/09)

\_\_\_ Runner \_\_\_ Fitness Walker

**T-shirt size S, M, L, XL**

UA Student \_\_\_ Alumnae \_\_\_

**Make checks Payable to:**

**Ursuline Academy  
5535 Pfeiffer Road  
Cincinnati, OH 45242**

Name of participant: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone No: \_\_\_\_\_

Email Address: \_\_\_\_\_

In case of emergency, contact/phone:

Name/Relationship: \_\_\_\_\_

Telephone No: \_\_\_\_\_



**Release: Ursuline Academy Run for the Lions**

In consideration of the foregoing, I for myself, my executors, administrators and assigns, state that I understand that my participation in the Run for the Lions ("Run") involves certain risks of injury, both known and unknown, and that I do hereby release and discharge the City of Blue Ash, Ursuline Academy, Ursuline Foundation, race director, race officials, volunteers, and any and all sponsors including their agents, employees, and assigns ("discharged parties"), or anyone for or on their behalf, for all damages, demands, action and causes of action whatsoever, in any manner, advising or growing out of participation in said Run including releasing the discharged parties for all causes of action and damages associated with or related to the discharged parties' negligence. I certify that I have run this distance or longer and I am in adequate physical condition to complete the event I have entered.

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Signature of parent/guardian if under 18: \_\_\_\_\_ Print Name: \_\_\_\_\_